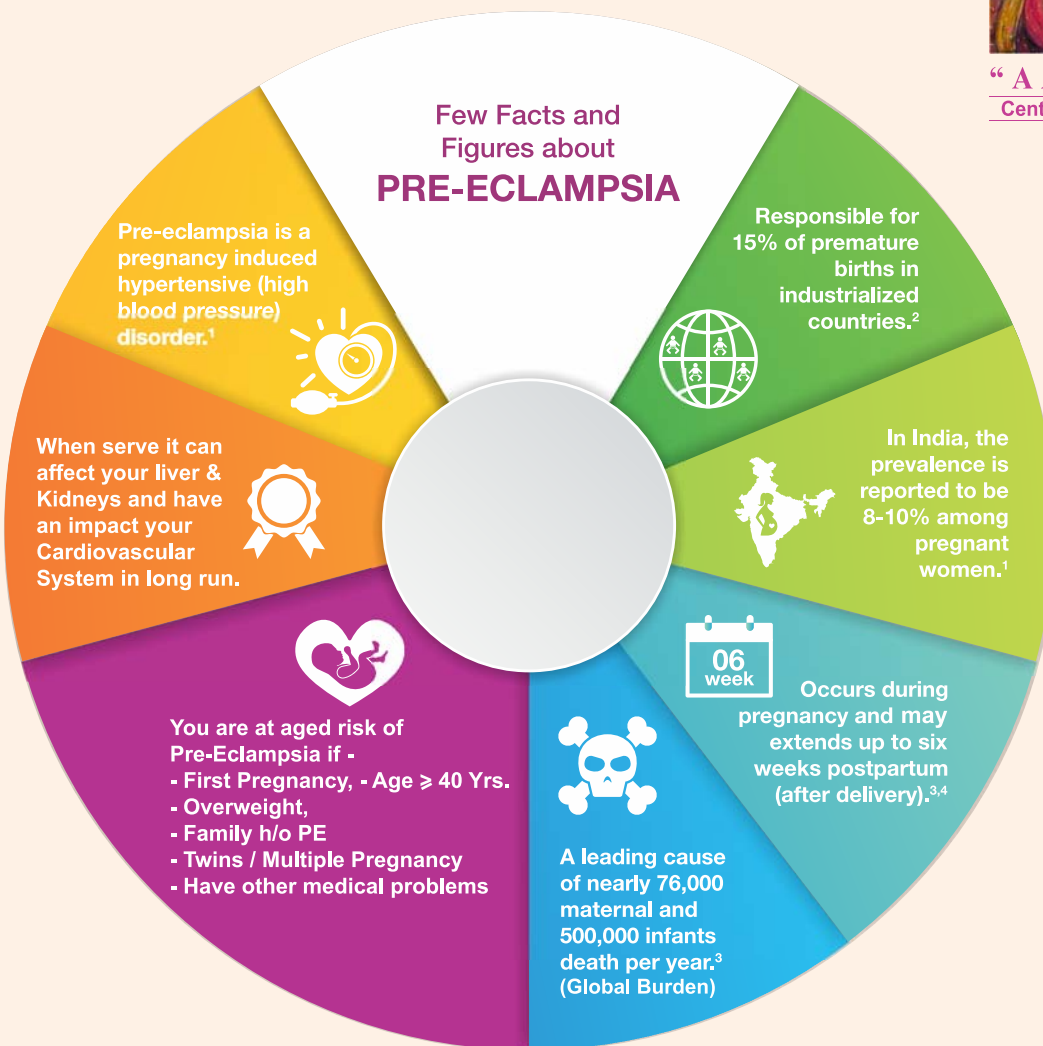


PRE-ECLAMPSIA



“AAYUSHYA”
Center for Fetal Medicine



FIVE MEASURES TO REDUCE THE RISK

- 1** Visit your doctors regularly for all the prenatal checkups.
- 2** Get tested early for pre-eclampsia (first trimester screening).
- 3** Talk to your doctor for any symptoms or family history.
- 4** Monitor your blood pressure level & body weight regularly.
- 5** Eat healthy, exercise regularly and keep tracking your body weight.

We emphasize on schemes for Pre - Eclampsia to prevent complication

THE BENEFIT OF FIRST-TRIMESTER SCREENING:
Early detection through first-trimester screening can lead to timely interventions and prevention of further complications.

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